

AquaventuresUK

COVID19 - Decision Making and Client Information

It would be much appreciated if you could spend a bit of time looking through this document, answering the questions and returning it to: aquaventuresuk@gmail.com

This is part of our updated booking policy and is to be combined with our standard medical/consent form. Both of these documents should be completed prior to a session and given to the lead instructor (ideally electronically – an electronic signature is fine!). These documents are confidential and will be kept secure in line with our responsibilities under the data protection act.

Coronavirus (COVID-19) specific information.

Coronavirus is a threat to us all, no matter where we go or what we do. However, SAGE evidence suggests that outdoor activities may present a lower risk of virus transmission. **AquaventuresUK** will base its activities on the following principles:

Safety	Course provision will be informed and guided by a public health assessment of risk. (Government advice through Public Health England, etc.)
Lawful	We will adhere to government guidance and legal restrictions.
Evidence-based	We will use the best available activity-specific evidence and analysis to guide our decision making.
Socially responsible	We recognise that there must be a balance between economic growth and the welfare of local communities, society and the environment. Candidates, providers and their staff are accountable for fulfilling their civic duty; the actions of an individual must benefit the whole of society.
Clear	We will provide clarity to our candidates, our scheme providers and their staff to enable compliance, engagement, and accountability.
Realistic	We will consider the viability and effectiveness of course delivery options through discussions with our scheme providers.

We will ensure that we meet the requirements of our insurers and follow advice from Government.

Activities will require a pragmatic and mutually agreed approach between clients and instructors. Some objectives may not be feasible. The dynamic nature of being on crags and in the mountains means that there may be occasions when ideal Covid-19 secure practice, e.g. social distancing, cannot be fully maintained, e.g. to deal with an immediate safety concern that takes priority.

Clients are asked to agree to the following:

1. To follow relevant home nation Government guidance on Coronavirus, specifically that you will not travel to nor attend guiding/instruction with Kevin Williams, AquaventuresUK, if you should be self-isolating according to national guidelines. Guidance on the specific symptoms and self-isolation measures are clearly available on the Public Health England website (www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance).
2. To answer the following questions with the word 'Yes' or 'No' immediately prior to your course:

Now, or at any time in the last 14 days:

- A. Do you have/have you had, a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)?
 - B. Do you have/have you had, a new continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)?
 - C. Do you have/have you had a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different from normal?
 - D. Are any of your household symptomatic of COVID-19 or have any of them been?
 - E. Are any of your household self-isolating or have any of them been?
 - F. To the best of your knowledge have you been in close contact with anyone else who is symptomatic of COVID-19?
3. To answer the following:
 - G. Do you accept that your participation in the booked activity may increase your risk of exposure to infection with the virus relative to non-participation?
 - H. Do you agree to inform your Instructor should you develop any symptoms consistent with COVID-19 any time within 14 days of the end of the activity? The Instructor undertakes to do the same.
 - I. Are you able, and willing, to use your own transport and meet the instructor at an agreed venue?
 - J. In the current climate, we are advised to encourage clients to use their own equipment where possible. That said, we can provide 'specialist equipment' where needed. Please confirm that you can, and are willing to bring and use, the following:
 - A personal bottle of hand sanitizer.
 - A face mask or covering, e.g. a buff, and agree to wear it during the activity when required.

- Appropriate clothing and footwear for the activity.
- Drink, lunch, snacks.
- Sunglasses and sun cream, midge repellent (as appropriate).
- A small personal first aid kit (plasters, blister-kit (if walking), painkillers, medication, nitrile gloves).

(We currently need to quarantine all of our kit for 72 hours, or disinfect it, after use before it can be used again with different individuals. So by answering the above questions it will help us in our ongoing planning and preparation.)

If you have any questions about the make, model, age or appropriateness of your equipment please contact us directly to ask questions. We will also visually check the appropriateness of any personal PPE at the start of each session.

Please sign and date the box below to confirm that you have read and understood the document and agree to the points that have been highlighted:

Name:
Signature:
Date: